

Toolbox Talk

What did CDM ever do for me?



For a start, what is CDM?

CDM is the Construction (Design and Management) Regulations and the latest update came into force in 2015. CDM are the main set of legal regulations for managing the health, safety and welfare of construction projects and apply to all construction sites.

What does CDM mean for you?

You should expect:

- Information about health and safety.
- Training to work safely and healthily.
- Consultation and engagement on health and safety.
- A workplace culture of respect and trust.
- Appropriate supervision for any task undertaken.
- Information about safety hazards and health risks and the control measures used to manage them.
- Explanation of the arrangements for co-operation and co-ordination between you and others on site.
- Adequate, clean and accessible welfare facilities.
- Information on what you should do in the event of an emergency.



CDM

Helps volunteers and Leaders work together to improve health and safety, resulting in fewer construction workers dying, being injured or becoming ill through the work they do.



Top Tips:

- Listen to and engage with your site induction.
- Report incidents and near misses.
- Co-operate with your Leader and other volunteers.
- Report methods that do not work or are dangerous.
- Contribute to the health and safety on your site.