

# Toolbox Talk



**INLAND  
WATERWAYS  
ASSOCIATION**

## Personal Protective Equipment (PPE)

### HEAD PROTECTION:

- Don't forget neck protection, e.g. scarves for use during welding.
- Replace head protection if it is damaged.
- Prevents against injury from objects falling from height or you banging your head.

### EYES:

- Goggles need to be well fitting and comfortable.
- They protect you against flying particles, dust and corrosive spray.
- You can wear either goggles, glasses or a visor.

### EARS/NOISE:

- Deafness is irreversible.
- Use machinery that directs noise away from you.
- Muffs are for intermittent use. Plugs are longer term. Remember to use clean hands when inserting plugs.

### LUNGS:

- Face mast protects against dusts, gases and vapours.
- The face mask must be fitted correctly
- The right type of face mask must be used as each is effective for only a limited range of substances.

### BODY, ARMS and LEGS:

- Hi-viz clothing allows others on site to be aware of your presence.
- Long sleeved and legged clothing protects against dust, minor abrasions and sun.

### HANDS:

- Make sure the correct gloves are used for the relevant tasks.
- Avoid using gloves on some machines. They can get caught.
- Barrier creams are not a substitute.

### FOOTWEAR:

- Steel Toe capped boots or Wellies must be worn on site.
- Boots help protect ankles on uneven surfaces.



### Key Facts/Important Information:

- ✓ Correct PPE must be worn for the hazard.
- ✓ PPE must be a comfortable fit. You will be wearing it all day so make sure its not uncomfortable.
- ✓ PPE must be clean and in good order.
- ✓ PPE must be used as a last resort after managing the risk.
- ✓ Always make sure your PPE has a CE label if necessary and is in date.
- ✓ REMEMBER; you should never allow exceptions for those two minute jobs.
- ✓ Report any damage or defects to PPE and get it repaired or replaced

# Toolbox Talk

## Personal Protective Equipment (PPE) (contd)



Typical signage that may be found on a construction site.

A rectangular sign with a black border titled "SITE SAFETY RULES". On the left is a full-body illustration of a worker in a white hard hat, orange and yellow high-visibility suit, and safety boots. Blue arrows point from icons to the worker's gear. The rules are listed in blue and red boxes on the right.

**SITE SAFETY RULES**

- Safety Helmet Must Be Worn
- Eye Protection Must Be Worn
- Ear Defenders in Designated Areas
- Wear Gloves for Manual Handling Tasks
- Hi Visibility Clothing Must Be Worn
- Safety Boots Must Be Worn

**No Children & Unauthorised Persons**

All Drivers & Visitors Must Report To The Site Office