## Toolbox Talk

## High Voltage Electricity

NLAND WATERWAYS

ASSOCIATION

## How to deal with any cable:

- If you are unsure about any cable, treat it as high voltage.
- High Voltage is generally classed from 1000 V to $400,000 \mathrm{~V}$. However even 230 V can be lethal.
- Remember High Voltage cables above ground are not shielded-the electricity travels around them.
- Electricity arcs (jumps) across gaps, so you don't need to touch it to get into trouble.
- For 40okv cables, the minimum clear distance is 3.1 m . General advise though is to keep 6 m clear.
- Trees, string, ropes, highway crash barriers and water can carry electricity.
- Carry out a risk assessment before you start. Look up and look out for overhead wires.
- Carry out a service search of nation and local supply companies.


## Electric current can cause injury in three ways:

- Cardiac arrest due to the electrical effect on the heart.
- Muscle, nerve, and tissue destruction from a current passing through the body.
- $\quad$ Thermal burns from contact with the electrical source.


## CAUTION: Always assume it is live. Do not touch it.

If someone has been in contact with High Voltage electricity, what do you do?


